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# COSMOPOLITAN

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THE SEX ISSUE

It's Hot Inside!

Khloé Kardashian

Ballsy, Confident, and Funny as Hell

99 SEX QUESTIONS

We Answer the Naughtiest Things on Your Mind—in 20 Words or Less

Feel Great Naked!

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Ways to Get Over



## 1 Your Commute Poses a Threat

A recent study confirmed what derms know from their patients: Skin cancer is much more common on the left side of the body. It has to do with how much time you spend in the driver's seat, with UV rays pummeling your left cheek, arm, and leg day after day, explains [Rebecca Baxt, MD](#), assistant professor of clinical dermatology at New York University. Even if you hit the road with the windows up, the glass doesn't filter all the rays, so keep a tube of sunscreen in your glove compartment to remind yourself to cover up whenever you get behind the wheel during daytime hours, even for a 10-minute errand run.